



10 Steps To Start a Prepper Pantry

Have a plan with an end goal in mind



Have a Budget in place

Know what your family consumes weekly

Have a place for everything

Know the shelf life of everything

Learn how to meal prep

Shop sales for what you need only

Don't panic or hoard

Learn rotation of foods (FIFO)

Go at your own pace

Follow these steps to create your own Prepper Pantry in your home. Take things one step at a time. Think through your decisions and plans.